Naturally Whipped Cream

Ingredients:

* 1 pkg  Silken Tofu (extra firm)
* 4 T      Cane Crystals
* ⅛ t     Sea Salt
* ¼ c     Soy Milk Powder
* 2 T      Vegetable Oil
* 1 t       Vanilla
* ¼ t      Sea Salt

Directions:

1.  Blend all ingredients until smooth

2. Chill and serve immediately.

Makes: 1½ cups

Did you know?

Regular whipped cream is made up of 3 different kinds of fat and a lot of sugar!