

Naturally Homemade Ketchup

Ingredients:

* 12 oz      Tomato Paste
* 2½c        Water
* 8T           Cane Sugar
* 2t            Molasses
* ½ c         Lemon Juice
* 2t            Oil
* 1t            Onion Powder
* 1t            Garlic Powder
* ½t           Celery Seed Powder
* ½t           Paprika
* ⅛t           Cayenne
* 1t            Cinnamon Substitute
* 2T           Pink or Sea Salt

Directions:

Mix paste and water then add other ingredients and cook over medium heat for 2 hours.  Refrigerate and serve when chilled. Refrigerate until ready to serve.

Keeps for 30 days.