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**Lo Mein Sauce**

***Ingredients:***

* ¼ c Vegetable Broth
* ¼ c Soy Sauce
* 2 t Lemon or Apple Juice
* 2 t Sesame Oil
* ½-1 t Hot Pepper Flakes
* ½ t Sweetener

***Directions:***

1. Add all ingredients to the pot and allow to simmer for 5 minutes.
2. Serve over Vegetable Lo Mein.