

Sweet Spinach Salad

* 1 lb     Fresh Baby Spinach
* 1 sm    Red Onion (sliced in rings)
* 1 m      Red Bell Pepper (sliced in rings)
* 4 oz     Toasted Pine Nuts (optional)
* 1 m      Avocado (sliced)
* 6 oz     Honey Lemon Dressing

Instructions:  Toss and Serve