

Naturally Fruit Salad

Ingredients:

* 1/2 C            Bananas, chopped
* 1/2 C            Apples, chopped
* 1/2 C           Grapes, sliced
* 1/2 C            Pineapples, chopped
* 1/2 C            Pears, chopped
* 1/2 C            Pineapple or Pear Juice
* 1/4 C            Pecans or Walnuts, chopped
* 1 T                Sweetener (0pt)

Directions:

Place fruit in bowl and toss lightly, then add sweetener to juise and pour over fruit, mixing lightly. Add nuts and mix well and refrigerate and serve when chilled.